



**PFOX**

**Parents and Friends of Ex-Gays & Gays**

703-360-2225 ~ [ex-gays@earthlink.net](mailto:ex-gays@earthlink.net)

[www.pfox.org](http://www.pfox.org)

Founded in 1998, Parents and Friends of Ex-Gays & Gays (PFOX) is a nonprofit organization providing outreach, education and public awareness in support of the ex-gay community and families with children who have same-sex attractions. PFOX supports keeping families together and stresses unconditional love for family members with same-sex attractions. PFOX can provide: local support groups, resources, ex-gay speakers, educational literature, student brochures, and informative exhibits. If you are in need of our services in Montgomery County, please contact us!

In response to community requests, below are Internet resources for LGBTQX students and their families:

### **Ex-Gay Resources for Youth**

[www.freetobeme.com](http://www.freetobeme.com)

[www.becomingreal.org](http://www.becomingreal.org)

[www.findout.org](http://www.findout.org)

[www.reachtruth.com](http://www.reachtruth.com)

[www.mygenes.co.nz](http://www.mygenes.co.nz)

[www.exodusyouth.net](http://www.exodusyouth.net)

### **Resources for Parents, Families, and Friends**

[www.pfox.org](http://www.pfox.org)

[www.jonahweb.org](http://www.jonahweb.org)

[www.peoplecanchange.com](http://www.peoplecanchange.com)

### **Transgender Resources**

[www.realityresources.com](http://www.realityresources.com)

[www.gendermenders.org](http://www.gendermenders.org)

<http://help4families.com>

### **Spanish Language Resources**

[www.esposibleelcambio.com](http://www.esposibleelcambio.com)

[www.exoduslatinoamerica.org](http://www.exoduslatinoamerica.org)

[www.courage-latino.org](http://www.courage-latino.org)

**NOTE: These materials are neither sponsored nor endorsed by the Board of Education of Montgomery County, the superintendent, or this school.**